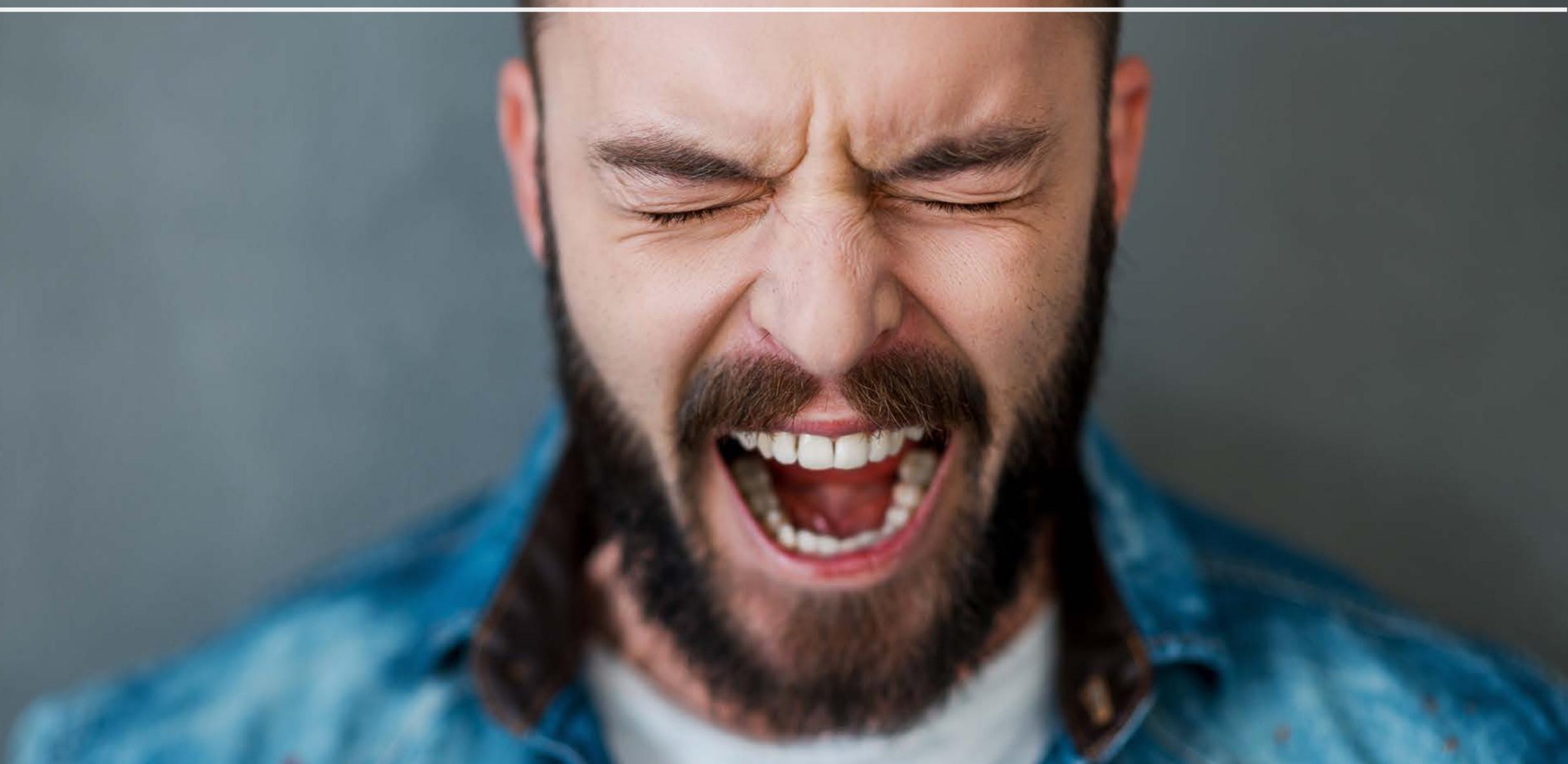




EMOTIONAL IQ: *1. HEART ISSUE*

T1 EMOTIONS ARE A GAUGE, NOT A GUIDE. *Proverbs 4:20-23*





20 My child, **pay attention to what I say.**
Listen carefully to my words.

21 Don't lose sight of **them.** **Let them**
penetrate deep into your heart, **22** **for**
they bring life to those who find them,
and healing to their whole body.

Proverbs 4:20-22

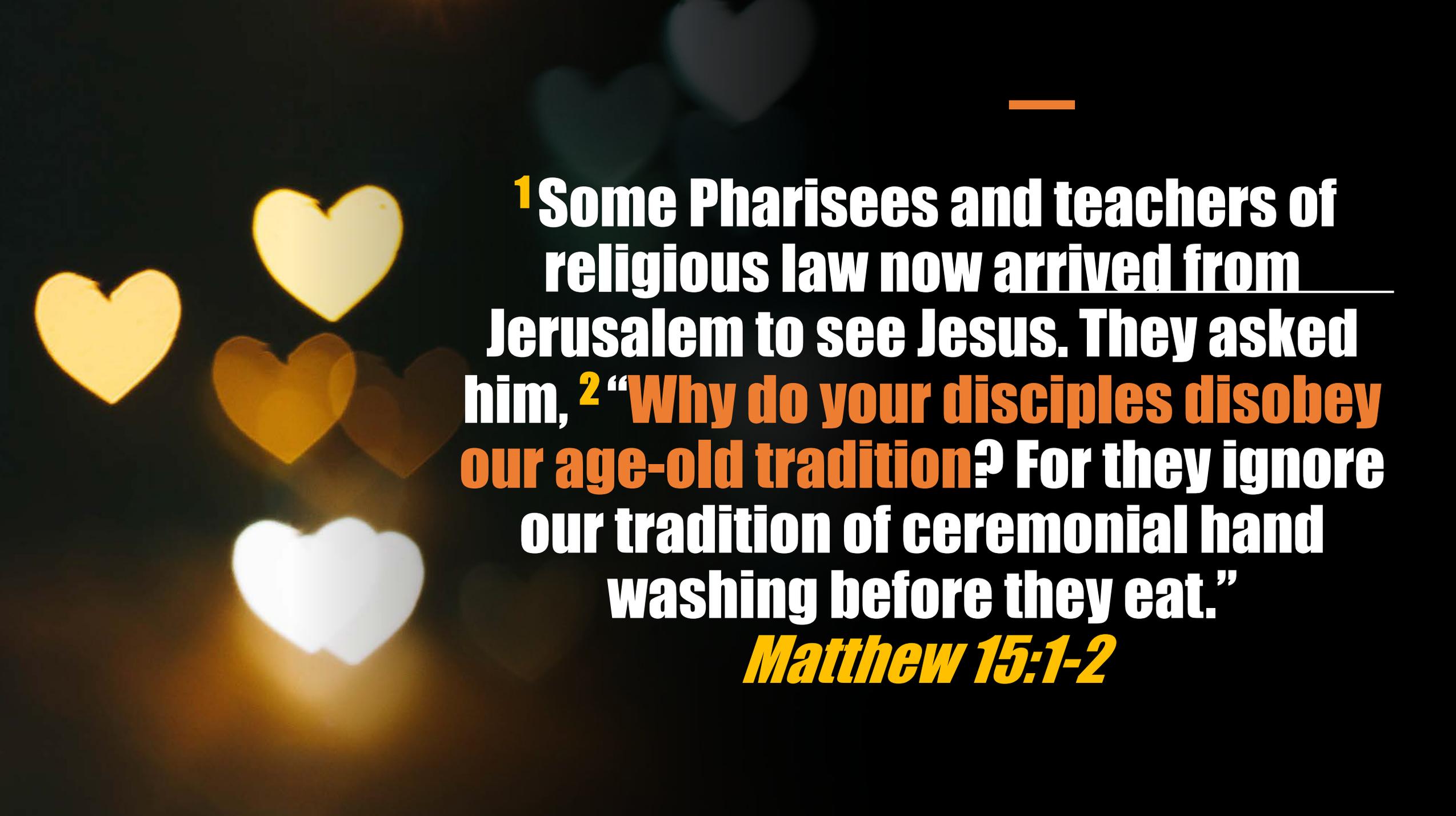


23 Guard your heart above all else,
for it determines the course of your
life.

Proverbs 4:23

T2 RELIGION DOES NOT CHANGE YOUR HEART. *Matthew 15:1-14*





¹Some Pharisees and teachers of religious law now arrived from Jerusalem to see Jesus. They asked him, ²“Why do your disciples disobey our age-old tradition? For they ignore our tradition of ceremonial hand washing before they eat.”

Matthew 15:1-2



3 Jesus replied, “And **why do you, by your traditions, violate the direct commandments of God?** **4** For instance, God says, ‘Honor your father and mother,’ and ‘Anyone who speaks disrespectfully of father or mother must be put to death.’ **5** But you say it is all right for people to say to their parents, ‘**Sorry, I can’t help you. For I have vowed to give to God what I would have given to you.**’

Matthew 15:3-5



6 In this way, you say they don't need to honor their parents. And so **you cancel the word of God for the sake of your own tradition.** **7** You hypocrites! Isaiah was right when he prophesied about you, for he wrote, **8** **'These people honor me with their lips, but their hearts are far from me.** **9** **Their worship is a farce, for they teach man-made ideas as commands from God.'**

Matthew 15:6-9



10 Then Jesus called to the crowd to come and hear. “Listen,” he said, “and try to understand.” **11** **It’s not what goes into your mouth that defiles you; you are defiled by the words that come out of your mouth.** **12** Then the disciples came to him and asked, “Do you realize you offended the Pharisees by what you just said?”

Matthew 15:10-12



13 Jesus replied, “Every plant not planted by my heavenly Father will be uprooted, **14** so ignore them. **They are blind guides leading the blind,** and **if one blind person guides another, they will both fall into a ditch.”**

Matthew 15:13-14



T3 OUR BIGGEST PROBLEMS ARE WITHIN US. *Matthew 15:15-20*



15 Then Peter said to Jesús, “Explain to us the parable that says people aren’t defiled by what they eat.” **16** “Don’t you understand yet?” Jesus asked. **17** “**Anything you eat passes through the stomach and then goes into the sewer.** **18** But the words you speak come from the heart—that’s what defiles you.

Matthew 15:15-18



19 For from the heart come evil thoughts, murder, adultery, all sexual immorality, theft, lying, and slander. **20** These are what defile you. Eating with unwashed hands will never defile you.”

Matthew 15:19-20