

A woman with long dark hair, wearing a white tank top and light blue shorts, is floating in the air with her head tilted back and eyes closed. Below her, another woman with long brown hair, wearing a white tank top and pink shorts, is lying in bed with her head on a white pillow, also with her head tilted back and eyes closed. The background is a dark, solid color.

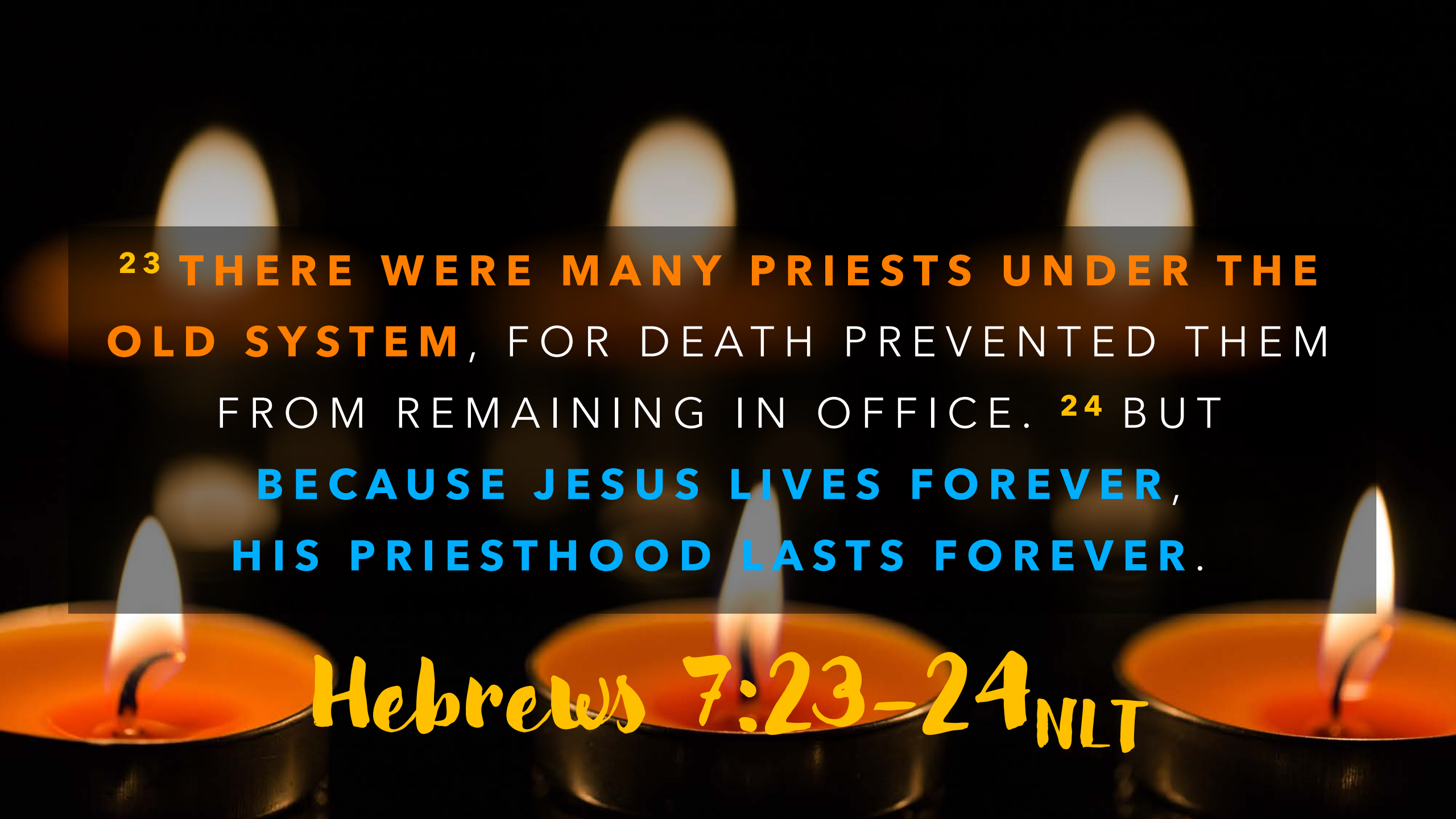
My Soul

2. IDENTITY

A person wearing a white robe is shown from the chest down, holding their hands together and letting water drip from them. The background is a blurred body of water and a distant shoreline. A semi-transparent dark rectangle is overlaid on the lower half of the image, containing the text.

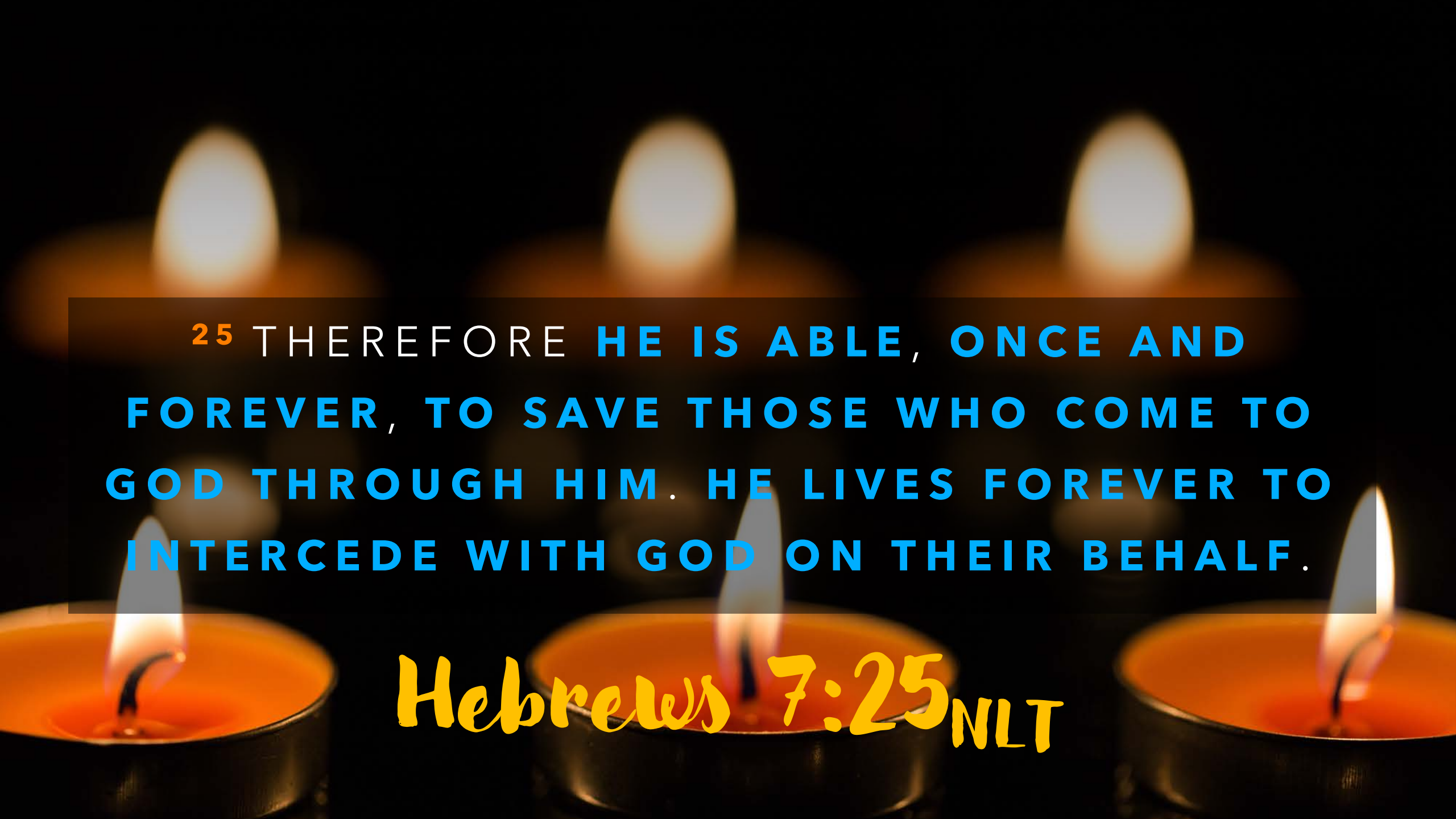
T1 Jesus saved us
and defends us.

HEBREWS 7:23-25



**23 THERE WERE MANY PRIESTS UNDER THE
OLD SYSTEM,** FOR DEATH PREVENTED THEM
FROM REMAINING IN OFFICE. **24 BUT
BECAUSE JESUS LIVES FOREVER,
HIS PRIESTHOOD LASTS FOREVER.**

Hebrews 7:23-24_{NLT}

The background of the image features several lit candles in dark metal holders. The candles are arranged in rows, with some in the foreground being in sharp focus and others in the background being blurred. The warm, orange glow of the flames provides a soft, ambient light against a dark background.

25 THEREFORE HE IS ABLE, ONCE AND
FOREVER, TO SAVE THOSE WHO COME TO
GOD THROUGH HIM. HE LIVES FOREVER TO
INTERCEDE WITH GOD ON THEIR BEHALF.

Hebrews 7:25_{NLT}

T2 The Spirit makes
you more like Christ.

2 CORINTHIANS 3:17-18



The Seven Principles:

**YOU ARE FREE FROM THE POWER OF SIN.
DO THOSE THINGS THAT LEAD TO HOLINESS.**

ROMANS 6:22

**YOUR BODY IS THE TEMPLE OF THE HOLY
SPIRIT. HONOR GOD WITH YOUR BODY.**

1 CORINTHIANS 6:19-20

The Seven Principles:

ANYONE WHO BELONGS TO CHRIST HAS
BECOME A NEW PERSON... A NEW LIFE HAS
BEGUN. BE CHRIST'S AMBASSADOR.

2 CORINTHIANS 5:17-20

MY OLD LIFE HAS BEEN CRUCIFIED WITH
CHRIST. IT IS NO LONGER I WHO LIVE, BUT
CHRIST LIVES IN ME. TRUST THE SON OF GOD

GALATIANS 2:20

The Seven Principles:

ONCE YOU WERE FULL OF DARKNESS, BUT
NOW YOU HAVE THE LIGHT FROM THE LORD.
LIVE AS PEOPLE OF THE LIGHT.

EPHESIANS 5:8

YOU HAVE BEEN RAISED TO NEW LIFE WITH
CHRIST. THINK ABOUT THE THINGS OF
HEAVEN.

COLOSSIANS 3:1-2

The Seven Principles:

YOU HAVE BEEN BORN AGAIN.


**LOVE EACH OTHER DEEPLY WITH ALL YOUR
HEARTS.**

1 PETER 1:22-23

The background of the image features several lit candles in dark holders. The candles are arranged in rows, with some in the foreground being in sharp focus and others in the background being blurred. The warm, yellow-orange light from the flames creates a soft, atmospheric glow against a dark background.


17 FOR THE LORD IS THE SPIRIT, AND
WHEREVER THE SPIRIT OF THE LORD IS,
THERE IS FREEDOM.

2 Corinthians 3:17_{NLT}



18 SO ALL OF US WHO HAVE HAD THAT VEIL
REMOVED CAN SEE AND REFLECT THE GLORY
OF THE LORD. AND THE LORD—WHO IS THE
SPIRIT—**MAKES US MORE AND MORE LIKE
HIM AS WE ARE CHANGED INTO HIS
GLORIOUS IMAGE.**

2 Corinthians 3:18_{NLT}



T3 Regeneration is the
transformation that develops
spiritual maturity.
HEBREWS 10:12-14

The background of the image features several lit candles in dark metal holders. The flames are bright orange and yellow, creating a warm, glowing effect against a dark background. The candles are arranged in a way that some are in sharp focus in the foreground, while others are blurred in the background, creating a sense of depth.

12 BUT **OUR HIGH PRIEST OFFERED HIMSELF
TO GOD AS A SINGLE SACRIFICE FOR SINS,
GOOD FOR ALL TIME.** THEN HE SAT DOWN IN
THE PLACE OF HONOR AT GOD'S RIGHT
HAND.

Hebrews 10:12_{NLT}



13 THERE HE WAITS UNTIL HIS ENEMIES ARE
HUMBLED AND MADE A FOOTSTOOL UNDER
HIS FEET. **14** FOR **BY THAT ONE OFFERING HE
FOREVER MADE PERFECT THOSE WHO ARE
BEING MADE HOLY.**

Hebrews 10:13-14_{NLT}

Small Group Questions:

- 1 WHAT IS THE TOUGHEST PART OF LIVING THE CHRISTIAN LIFE?
- 2 **READ ROMANS 12** HOW IS THIS CHAPTER ABOUT SANCTIFICATION AND NOT SALVATION?
- 3 **READ EPHESIANS 2:1-10** WHAT DID GOD SAVE YOU FROM? WHAT DID HE GIVE YOU?
- 4 WHAT IS SPIRITUAL MATURITY?